



Saltmarsh Zones and Tides

Using the word bank, can you label the saltmarsh's key features?
In each circle, draw an animal or plant that you may find there.

Mid Marsh

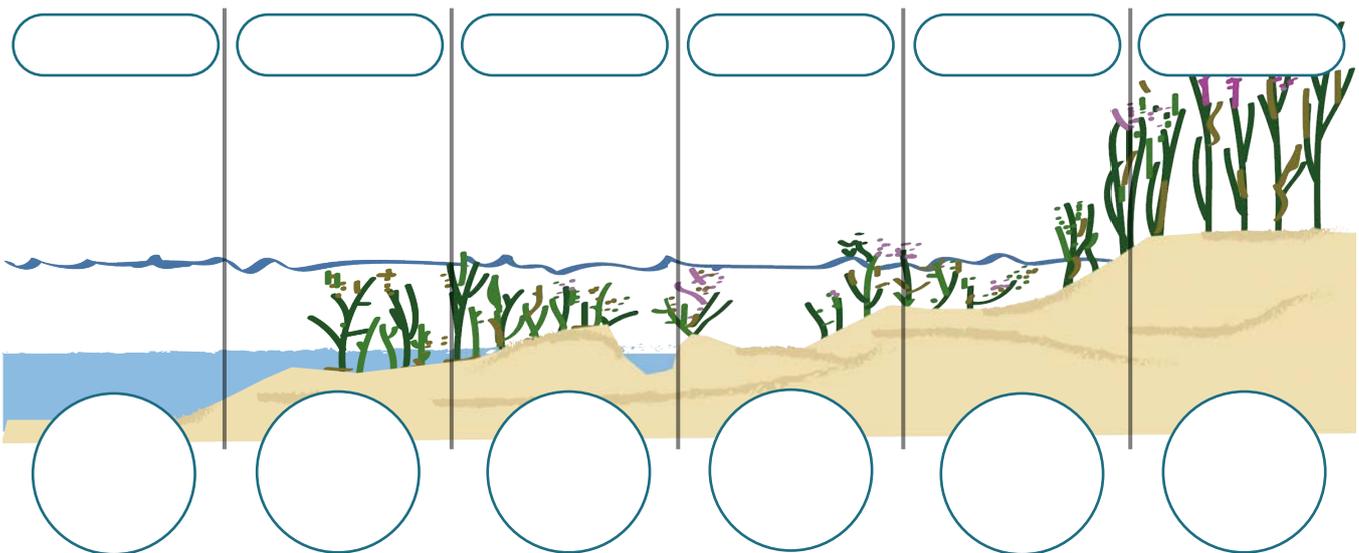
Land

Mudflat

Upper Marsh

Sea

Lower Marsh



Go to BBC Tide Times - www.tiramor.cymru/saltmarshes (Resource 4) to find your nearest coast.
Write down:

- Next high tide: time _____ height _____
- Next low tide: time _____ height _____
- How many hours apart are the high and low tides? _____
- What is the difference in height between them? _____
- How many high tides happen in one day? _____



A hectare of saltmarsh can capture two tonnes of carbon a year and lock it into sediments for centuries.